

Self Injection Best Practises

- **Check hands and fingers for scratches or marks at every break**
- **Report and scratches or marks immediately**
- **Report self-injection immediately**
- **Go to hospital immediately upon self-injection**
- **Go to hospital immediately if you *suspect* possible self injection**
- **Carry MSDS sheets and vaccination card with you**

**A QUICK RESPONSE IS THE MOST IMPORTANT
FACTOR!**